



# FREEDOM CHURCH

## CAMERON PARK

**TODAY'S DATE**  
JANUARY 11, 2026

**SERVICE TIMES**  
9 & 10:30 AM

**NURSERY (BIRTH-4)**  
*Opens at 10:15 AM*

**KIDS (K-6) & YOUTH (6-12)**  
*Dismissed after worship*



# FIRST THINGS FIRST

**TODAY'S SERMON:**

## RESTRICT AND ADMIT

PART 2

**TODAY'S SPEAKER**

SCOTT  
WILLIAMS  
LEAD PASTOR

### JOIN US

4414 COMMODITY WAY  
SHINGLE SPRINGS, CA 95682

**530.677.7212**

### MAIL

P.O. BOX 950, SHINGLE  
SPRINGS, CA 95682

### ON THE INSIDE

- SERMON NOTES
- DISCUSSION IGNITERS
- THE LATEST

### STAY CONNECTED

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# RESTRICT AND ADMIT

## PART 2



SCOTT WILLIAMS  
LEAD PASTOR

If you get the \_\_\_\_\_ right  
then the \_\_\_\_\_ would  
take care of themselves

Most people live so \_\_\_\_\_  
when it comes to guarding our heart

**Proverbs 4:23** *"Guard your heart  
above all else, for it determines the course  
of your life."*

### Romans 12:2

It is hard to be Christ-like in our  
\_\_\_\_\_ when we are still \_\_\_\_\_  
like the world

Your thinking drives your \_\_\_\_\_

- Restrict the voice of \_\_\_\_\_

### Proverbs 15:4; Hebrews 12:6

- Admit the voice of \_\_\_\_\_

### Ephesians 4:29

- Restrict the voice of \_\_\_\_\_

### James 1:13-17

- Admit the voice of \_\_\_\_\_

### II Corinthians 3:17

- Restrict the voice of \_\_\_\_\_

### Proverbs 18:1

Isolation leads to \_\_\_\_\_ - \_\_\_\_\_

- Admit the voice of a  
\_\_\_\_\_ family

### I Peter 3:8

The Word \_\_\_\_\_ when you  
\_\_\_\_\_ the Word

**2 Corinthians 10:3-5** *"We are human,  
but we don't wage war as humans do.  
4 We use God's mighty weapons, not  
worldly weapons, to knock down the  
strongholds of human reasoning and to  
destroy false arguments. 5 We destroy  
every proud obstacle that keeps people  
from knowing God. We capture their  
rebellious thoughts and teach them to  
obey Christ."*

1. R \_\_\_\_\_

2. R \_\_\_\_\_

### Philippians 4:6-7

3. R \_\_\_\_\_

4. R \_\_\_\_\_

- 1 What are some things you have allowed on the floor of your house (heart) that have destroyed your foundations?
- 2 Read **Proverbs 4:23**. Why do you think most people are so passive about guarding their heart?
- 3 Read **Romans 12:2**. Why do our minds need to be “renewed” and “transformed”?
- 4 Review the bullet points on the message. What stood out to you about what you need to restrict, and what you might need to admit into your life?
- 5 How can living in isolation hurt someone spiritually?
- 6 **Hebrews 10:25** *“Let us not give up meeting together, as some are in the habit of doing, but let us encourage one another—and all the more as you see the Day approaching.”* Why is that so important for us as Christians?

### How To Transform Your Mind

- 7 Read the last 4 points of the message. How do you apply that approach to renewing and transforming your mind?

**JAN 4-24** **21 DAYS OF PRAYER & FASTING**  
*Fasting guides available in lobby*

**JAN 14** **LADIES BIBLE STUDY**  
 Wednesdays at 5:00 PM  
*See more info below*

**THU 15** **PRAYER NIGHT**  
 7:00 PM – 8:00 PM  
 ▼ *Freedom Church Sanctuary*

**FRI 16** **MEN'S BIBLE STUDY**  
 8:00 AM – 9:00 AM  
 ▼ *Freedom Church Cafe*

**JAN 25** **NIGHT OF WORSHIP**  
 5:00 PM  
*Join us for a night of prayer & worship*

**FEB 7** **PRAYER: THE HEART OF IT ALL**  
 10:00 PM  
*Weekly class led by Rev. James Milner*

**MAR 13-14** **YOUTH CONFERENCE**  
 7:00 PM Friday - 9:30 AM Saturday  
*Early-bird discount for first 5 students- \$75*

## ANNOUNCEMENTS

### ANNUAL BUSINESS MEETING & BOARD NOMINATIONS

Sunday February 1

There is one board position needing to be filled so nominations are now being accepted until February 1. Per our constitution and bylaws, members can submit, in writing, the name of a member to one of the nomination committee (Deborah Johnson, Pat Umphred, or Joshua Williams). A membership roster is posted outside the cafe.

Also, be sure to join us February 22 for our Annual Business Meeting. Everyone is welcome to come but members are needed.



### LIFEGROUP LEADERS

LifeGroups will be starting back up soon! If you're interested in hosting a group, please contact our LifeGroup Director, Christina Falco or email the church office at [office@freedomchurchcp.org](mailto:office@freedomchurchcp.org).



### NEW TESTAMENT IN 31 DAYS

Our 31-Day New Testament Reading Challenge is underway. It's not too late to join! A reading plan is available in the lobby—join the challenge!

## WAYS TO GIVE

1

OFFERING BOX

2

FREEDOMCHURCHCP.ORG/GIVE

3

SCAN THE QR CODE ▶▶▶▶

